

Who can participate

Clinical studies have guidelines about who can participate. Factors that allow someone to take part in a clinical study are called "inclusion criteria." Factors that do not allow participation are called "exclusion criteria." These criteria are based on considerations such as: age, sex, disease, and other medical conditions. The criteria are used to find appropriate people for the study, ensure their safety, and to help researchers find needed information.

You can make a difference

Because of the willingness of thousands of volunteers like you, medical advances have been made through clinical research and millions of people have seen improvement in their health. As clinical research opens new doors to finding ways to diagnose, prevent, treat, or cure diseases and disabilities; the participation of volunteers is essential to help us continue to find those answers.

About us

Our research department has been providing excellent care for over 19 years. We work with many physicians who specialize in gastroenterology, liver disease, allergy, colo-rectal surgery, immunology, endoscopy and internal medicine.

Our research staff is here to help answer any of your questions and discuss our current studies with you. We look forward to assisting with your care.



**BORLAND-GROOVER
CLINIC**

EXCELLENCE IN DIGESTIVE HEALTH SINCE 1947

Please come visit us at
www.borland-groover.com
Research and Clinical Trials
or at any of our three convenient locations.

Southside Office

4800 Belfort Road, Suite 301
Jacksonville, Florida 32256

Dillon Office

3 Shircliff Way, Suite 400
Jacksonville, Florida 32207

Orange Park

1465 Kinglsey Avenue, Suite 1101
Orange Park, Florida 32073

Reference: U.S. National Institutes of Health NIH (2014). Are Clinical Studies for You? : Retrieved from <http://clinicalcenter.nih.gov/participate/faqaboutcs.shtml>

Volunteers Needed



**BORLAND-GROOVER
CLINIC**

EXCELLENCE IN DIGESTIVE HEALTH SINCE 1947



Clinical trials involve people like you. Your participation is not only important to clinical research, it also provides the clinical data needed for medical advances to become available to the public. Clinical trials look at new ways to prevent, detect, or treat diseases or conditions. Clinical research also provides valuable information about how health and disease progress.

At Borland-Groover Clinic we value our patients and strive to meet your care expectations through a delivery system based on compassionate, confidential care. Our commitment to providing excellent healthcare also involves conducting clinical research with the purpose of helping our patients live longer, healthier lives.

Volunteers for clinical trials are vital to research. People with an illness or disease as well as healthy people can contribute. Without volunteers, clinical trials simply would not be possible.

People participate in clinical studies for a variety of reasons including: receiving the newest treatment, additional care and attention from the clinical trial staff, helping others, personal interest in research, and playing an active role in their own health care. **Research participants may be compensated** for meals, travel costs, time and effort that they devote to a clinical trial.

Getting involved

You can participate in a clinical study at Borland-Groover Clinic. Researchers need volunteers for a broad range of clinical studies.

To see a list of our current studies visit
www.borland-groover.com
Research and Clinical Trials
or contact us at 904-680-0871

Clinicaltrials.gov is a free service of the National Institutes of Health and provides information about clinical research studies to families, friends, patients, and the public.

Making an informed decision

Your participation is voluntary. Before you choose to participate in a study, you will receive a document called an Informed Consent Form. This form will explain the study in simple facts so that you can decide if participating is right for you. All medical research involves some level of risk to participants such as in routine medical care and daily living activities. Risks and benefits may be different depending on the study. To help you make an informed decision, the research team is required to tell you about all known risks, benefits and available alternative health care options.

Your rights and safety

An independent group, called an Institutional Review Board or IRB, oversees all clinical trials that involve people; this ensures research is conducted safely and ethically. Members of the IRB include doctors, scientists, nurses and people from the local community.

Thank You
Volunteers

